



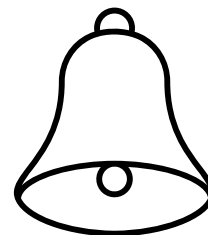
Thursday  
September 28, 2023

# Heritage Woods Secondary

"WE ARE KODIAKS"



## Bell Schedule



<b>Block 1</b>	<b>8:00 – 9:12</b>
<b>Block 2</b>	<b>9:16 – 10:28</b>
<b>FLEX</b>	<b>10:28 – 10:57</b>
<b>Block 3</b>	<b>11:01 – 12:13</b>
<b>LUNCH</b>	<b>12:13 – 12:53</b>
<b>Block 4</b>	<b>12:57 – 2:09</b>
<b>Block 5</b>	<b>2:13 – 3:25</b>



**TRUTH AND  
RECONCILIATION WEEK**  
SEPTEMBER 26—SEPTEMBER 30

# REMEMBERING THE CHILDREN



# Reconciliation Begins With You

#DoSomething



# CLC12 MEETINGS

**NEW!**

BALDUS- Wednesday, Oct. 4th, Flex in room 315

CAMPBELL- Tuesday, Oct. 3rd, Flex in room 215

DURAND- look for an email with your next meeting

GAY- Wednesday, Oct. 4<sup>th</sup>, Flex in room 103

JARVIS- Tuesday, Oct. 3rd, Flex in the Theatre

LEE- Thursday, Oc. 19th, Flex in room 244

PAISLEY- Tuesday, Oct. 3<sup>rd</sup>, Flex in room 232

ROSS- Wednesday, Oct. 11th, Flex in room 238

SALOUSTROS- Thursday, October 5th, Flex in the Theatre

TING- Tuesday, October 3rd, Flex in room 214

WOOD- Friday, Sept. 29<sup>th</sup>, Flex in room 202 (textiles)

**\*\* Please email your teachers if you have any conflicts or questions**

#### IN PARTNERSHIP WITH

BC Children's Hospital Research Institute,  
Wednesday, November 1, 2023  
8:00 AM - 3:15 PM

#### EXPLORE A CAREER IN HEALTH SCIENCES!

Are you...

- a student in grade 10, 11 or 12 who likes the sciences?
- interested in learning more about career options in medicine and the health sciences?
- looking for an opportunity to interact with researchers, clinicians and educators in their work settings?

This event may be for you! The day includes a dynamic keynote lecture, two interactive workshops and a Career Panel Q&A.

*The Canadian Medical Hall of Fame is committed to fostering inclusion and supporting the leadership efforts at Canadian universities to change the diversity pathway to medicine and the health sciences. We encourage students who self-identify as Indigenous, Black or a Person of Colour, or who come from a rural or known disadvantaged socioeconomic background to attend this event.*

#### LEARN MORE

*I really liked everything and felt I learned a lot about health sciences. I feel more prepared about making future schooling decisions and have better insight about what I would like to do and how to get there. Today was great and I had lots of fun!* - Discovery Day Participant

To register for Discovery Day or get more information, talk to your guidance counsellor or science teacher today!

[cdnmedhall.ca/discoverydays](https://cdnmedhall.ca/discoverydays)



# DISCOVERY DAYS IN HEALTH SCIENCE.

## Wednesday November 1<sup>st</sup>. BC Children's Hospital

If you are interested in health sciences and would like to attend this event, please sign up with Mr. Baldus BEFORE FRIDAY September 29<sup>th</sup>. We will have a random draw for TWO students to attend. See Mr. Baldus for more info.



# Interested in a career in costume design?

Special guest speaker in the theater  
on Friday, September 29<sup>th</sup> 3:35 - 4:35  
open to all students.





# **LANGUAGE CHALLENGE EXAM INFORMATION MEETING**

**Wednesday October 5<sup>th</sup> @ Flex**

**Library Computer Lab**

**Application Deadline October 23<sup>rd</sup> , 2023**

Direct Questions to Ms. Watt at [kwatt@sd43.bc.ca](mailto:kwatt@sd43.bc.ca)

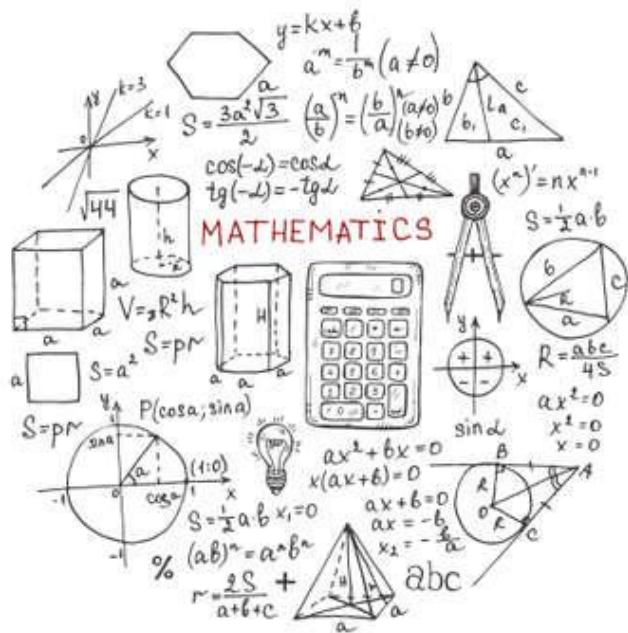


# Math Contests are Back!

CSMC, CIMC, AMC 12 and AMC 10

Need more info? Please see Ms. Paisley in RM 232

Register by Oct 6th



# CLUBS



# 2023/2024 Club Names & Sponsor Teachers

If you are interested in joining a club pls contact the sponsor teacher!

Club	Teacher Sponsor
3D Model	Mr. Ferrante
Art	Mr. Ting
Charity Fundraisers	Ms. Pavan
Creative Writing	Ms. Stewart
Curling	Ms. Wood
Dungeons and Dragons	Mr. Blake & Ms. Nezil
Economics	Mr. Sather
Environmental	Mr. Modder
eSports	Ms. Kim & Mr. Blake
First Responders	Mr. Baldus
GO	Mr. Peterson
History	Mr. Chaffee
HOPE	Ms. Fisher
HOST	Mr. Chan
HWSS Dance Team	Ms. Jarvis

Club	Teacher Sponsor
HWSSOAP	
Peer Tutoring	Mr. Dewolff
Jazz	Ms. Fester
Kodiak Pride	Ms. Leeden
KWAP	Ms. Jarvis
Math	Ms. Weinkam
Outreach	Mr. Zenone
Pet Pals	Ms. Chan
Photography and Film	Ms. Vickerson
Quilting	Ms. Wood
Study Club	Mme. Ferrer
Theory/Music	
Composition	Ms. Fester
Trading Card Games	Mr. Blake
WYNS	Mr. Clerkson

# BUSINESS CLUB

## ACTIVITIES

- ENTREPRENEUR 101
- CRYPTO
- STOCKS
- DROPSHIPPING
- JABC
- AND MUCH MORE!

## TO JOIN THE CLUB

EMAIL

[127-BLI@SD43.BC.CA](mailto:127-BLI@SD43.BC.CA)

FOR SIGNUP DETAILS

NOTE: THERE WILL NOT BE  
ANY ADDITIONAL WORK  
ASSIGNED BY THE CLUB!

BRING  
LIKE  
MINDED  
PEOPLE  
TOGETHER

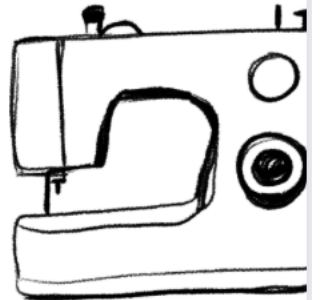




# JOIN QUILTING CLUB



**MEETING THIS THURSDAY**

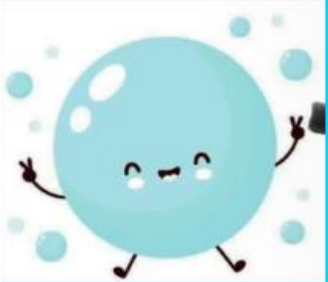


Meeting this Thursday the 28th at lunch in room 202.

**COME SEW QUILTS TO DONATE TO CHARITY**



No experience needed :)



# HOMWORK HELP

BY SOAP CLUB

**TUESDAYS 11 + 12 GRADE  
COURSES**

**THURSDAY GRADE 9 + 10  
COURSES**

**CONTACT**

**@HWSSOAP**

**OR**

**HWSOAP TUTOR@GMAIL.COM**



**Time: 3:30 pm - 5:00pm**



**Location: Grand Hall**



**Drop by the grand hall and  
get help from our tutors for  
free!!**





# KARAOKE CLUB

**SIGN UP**



Every Monday in Choir  
Room@ Lunch

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- **No experience needed,**
- **Sing together, relax and have fun!**

## THE HWSS Caring for Care Club



### WHY JOIN?



VOLUNTEER HOURS



MAKE A DIFFERENCE



HAVE FUN

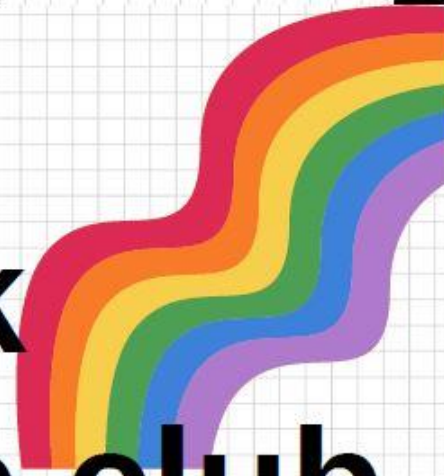


### OUR MISSION:

- Fund local hospitals and the Canadian Cancer Society
- Give back to the community
- Raise awareness



# kodiak pride club



**about:** a safe space for students, regardless of sexuality or gender identity. we do events like TV watch parties, bingo, charity fundraisers, and more (and we have snacks)! the focus is to be a fun, chill environment for all students.

**when:** *meetings on wednesdays at lunch*

**where:** *room 311*



**questions? DM  
@hwsskodiakpride  
on Instagram**

# KODIAK ATHLETICS

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# Cross Country

**Congratulations to the Cross Country team who had a great first race last week. Some notable results:**

**Gr. 10's – 1<sup>st</sup>, Xavier W., 2nd Billy T., 7<sup>th</sup> Kristina W.**

**Gr. 9's 1<sup>st</sup> Lillian O., 2nd Natalie C., 5<sup>th</sup> Will T.**

**Gr. 11 – 1<sup>st</sup> Coen M., 3<sup>rd</sup> Colin M.**

**Gr. 12's 3<sup>rd</sup> Bahar E., 5<sup>th</sup> Marissa W., 8<sup>th</sup> Brooklyn M.**

# CAREER CENTER





*Direction*  
McGill  
Coquitlam



Thursday, September 28, 2023  
6 p.m. - 7 p.m.

Dr. Charles Best Secondary School  
2525 Como Lake Avenue

Join our Recruitment Officers for  
an interactive introduction to the  
unique and diverse opportunities  
available at McGill.

Register here

